Like a Lunch? Please call 307-348-7387 by 9:30am morning of the meal. Thank You!! **Please note Friday the 8th will be breakfast and lunch served. Menu subject to change due to availability. Non seniors are $12 (anyone under the age of 60)**

August 2025	**MONDAY**	**TUESDAY**	**WEDNESDAY**	**THURSDAY**	**FRIDAY** 1 Pepper Steak Rice Broccoli Wheat Roll Pears Milk	**SATURDAY** 2
Recommended Serving Sizes 3 oz. meat ½ cup of vegetables ½ cup of fruit 2 servings of bread or complex carbohydrate 1 cup of 2% milk	**MONDAY** 4 Grilled Chicken Sandwich Pasta Mixed Veggies Tropical Fruit Milk	**TUESDAY** 5 Sweet & Sour Pork Steamed Rice Stir Fry Veggies Egg Roll Citrus Fruit Milk	**WEDNESDAY** 6 Philly Cheesesteak Sandwich w/Pepper, Onion & Cheese French Fries Spinach Orange Whip Milk	**THURSDAY** 7 Chicken Fried Steak Mashed Pot. & Gravy Lettuce & Tomato Salad Broccoli Wheat Roll Peaches Milk	**FRIDAY** Lunch 8 Parmesan Fish Rice Pilaf Brussels Sprouts Wheat Bread Fruit Salad Pudding Milk	FRIDAY 8 Breakfast Pancakes Bacon Fruit Juice or milk Breakfast starts @ 7:30am
	MONDAY 11 Beef Tacos w/ Lettuce, Tomato, Cheese Refried Beans Mexicali Mix Apricots Milk	**TUESDAY** 12 Chicken Salad Sandwich Macaroni Salad Carrot Sticks Watermelon Milk	**WEDNESDAY** 13 Meatloaf Baked Potato Colleens Harvest Salad Wheat Bread Cantaloupe Milk	**THURSDAY** 14 Chicken Strips Tater Tots Carrot Raisin Salad Wheat Bread ½ Orange Milk	**FRIDAY** 15 Roast Beef Mashed Pot. & Gravy Asparagus Wheat Roll Pineapple Tidbits Birthday Cake Milk	**SATURDAY** 16
	MONDAY 18 Chicken Enchilada Spanish Rice Black Beans Squash Blend Apricots Milk	**TUESDAY** 19 BBQ Beef Sandwich Sweet Potato Cauliflower Pear Crisp Milk	**WEDNESDAY** 20 Cheese Pizza w/Meat & Veggies Tossed Salad Strawberries Ice Cream Milk	**THURSDAY** 21 Cold Turkey Sandwich Potato Salad Carrot Sticks Fresh Pineapple Brownie Milk Picnic in the Park	**FRIDAY** 22 Oven Chicken Mashed Pot. & Gravy Corn Wheat Roll Oatmeal Cookie Tropical Fruit Milk	**SATURDAY** 23
	MONDAY 25 Sloppy Jo French Fries Green Beans Frog Eye Salad Milk	**TUESDAY** 26 Pork Roast Oven Brown Potato Peas Wheat Roll Watermelon Milk	**WEDNESDAY** 27 French Dip Sandwich Spinach Salad w/Mushrooms Carrot Coins Mandarin Oranges Milk	**THURSDAY** 28 Beef Tips w/ Mushrooms Mashed Potatoes Broccoli Wheat Roll Applesauce Milk	**FRIDAY** 29 Tuna Casserole Peas & Carrots Wheat Bread Melon Cup Milk	**Birthday** Linda Runyan 1st Evette Eastman 2nd Sheri Johnson 14th Denny Wick 15th